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**Meet Results**
**National Arena League 2016 Rd 3 B Team 10-Dec-16 [Ageup: 31/12/2016] SC Meters****Potters Bar SC [POTT] Coach: Wray Shewell-Cooper**

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 1 Female 200 IM</b>					
2:44.63S		F Spence, Maya	4	---	4.78
	33.88	41.74 50.81 38.20			
<b>Event # 2 Male 200 IM</b>					
2:31.95S		F Honeyman, Matthew	---	---	-3.23
	30.20	39.57 46.07 36.11			
<b>Event # 3 Female 200 Free Relay 9-11</b>					
2:36.10S F	A Relay	Potters Bar SC	5	---	
Taisiia Sonmez (10)		Tilly Larner (10)	Emma Lord (10)	Keely White (10)	
	37.32	40.64 40.54 37.60			
<b>Event # 4 Male 200 Free Relay 9-11</b>					
2:29.05S F	A Relay	Potters Bar SC	3	---	
Luke Martell (10)		Elliot Ball (11)	James Renton (10)	Jake Moore (10)	
	38.04	37.84 38.46 34.71			
<b>Event # 5 Female 200 Medley Relay 12-13</b>					
3:01.70S F	A Relay	Potters Bar SC	7	---	
Emma Lord (10)		Taisiia Sonmez (10)	Yasmin Wheeler (12)	Jessica Moore (13)	
	48.63	53.57 40.14 39.36			
<b>Event # 6 Male 200 Medley Relay 12-13</b>					
2:21.50S F	A Relay	Potters Bar SC	2	---	
William Poynton (13)		Samuel Oakley (13)	Jack Savage (12)	Will Farndale (13)	
	37.99	37.77 35.39 30.35			
<b>Event # 7 Female 200 Free Relay 14-15</b>					
2:16.41S F	A Relay	Potters Bar SC	6	---	
Anna Shipman (14)		Yasmin Wheeler (12)	Abigail Rock (14)	Rachel Vardy (14)	
	33.73	34.87 35.88 31.93			
<b>Event # 8 Male 200 Free Relay 14-15</b>					
2:05.39S F	A Relay	Potters Bar SC	5	---	
Nathan Martell (15)		Lucas Farndale (14)	Thomas Harris (14)	Joshua Foreman (14)	
	30.40	29.37 35.71 29.91			
<b>Event # 9 Female 200 Medley Relay</b>					
2:25.68S F	A Relay	Potters Bar SC	6	---	
Caitlin McCabe (16)		Maya Spence (17)	Rachel Connery (17)	Rachel Vardy (14)	
	34.88	43.95 34.06 32.79			
<b>Event # 10 Male 200 Medley Relay</b>					
2:06.19S F	A Relay	Potters Bar SC	3	---	
James Spence (17)		Matthew Honeyman (16)	Jack Shewell-Cooper (17)	Josef Wheeler (16)	
	32.77	34.36 30.83 28.23			
<b>Event # 11 Female 50 Back 9-11</b>					
43.57S		F Larner, Tilly	5	---	-0.12
<b>Event # 12 Male 50 Back 9-11</b>					
41.81S		F Renton, James	4	---	0.80
<b>Event # 13 Female 100 Breast 12-13</b>					
1:53.69S		F Moore, Jessica	7	---	---

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<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 14 Male 100 Breast 12-13</b>					
1:20.78S		F Oakley, Samuel	1	---	-4.85
	36.44	44.34			
<b>Event # 15 Female 100 Back 14-15</b>					
1:26.30S		F Shipman, Anna	7	---	1.79
	39.70	46.60			
<b>Event # 16 Male 100 Back 14-15</b>					
DQ		F Foreman, Joshua	---	---	---
<b>Event # 17 Female 100 Fly</b>					
1:14.92S		F Connery, Rachel	1	---	1.44
<b>Event # 18 Male 100 Fly</b>					
1:08.47S		F Honeyman, Matthew	5	---	-0.25
	30.49	37.98			
<b>Event # 19 Female 50 Fly 9-11</b>					
46.14S		F White, Keely	7	---	1.46
<b>Event # 20 Male 50 Fly 9-11</b>					
41.13S		F Moore, Jake	4	---	1.27
<b>Event # 21 Female 100 Back 12-13</b>					
1:34.89S		F Larner, Tilly	7	---	-15.41
	45.50	49.39			
<b>Event # 22 Male 100 Back 12-13</b>					
1:23.93S		F Poynton, William	4	---	-0.16
	40.12	43.81			
<b>Event # 23 Female 100 Fly 14-15</b>					
1:32.92S		F Rock, Abigail	6	---	---
<b>Event # 24 Male 100 Fly 14-15</b>					
1:22.49S		F Foreman, Joshua	7	---	7.41
<b>Event # 25 Female 100 Back</b>					
1:16.00S		F McCabe, Caitlin	4	---	2.13
	36.00	40.00			
<b>Event # 26 Male 100 Back</b>					
1:10.83S		F Spence, James	3	---	0.06
	34.63	36.20			
<b>Event # 27 Female 50 Breast 9-11</b>					
53.70S		F Sonmez, Taisiia	6	---	1.44
<b>Event # 28 Male 50 Breast 9-11</b>					
46.26S		F Ball, Elliot	3	---	-0.94
<b>Event # 29 Female 100 Fly 12-13</b>					
1:34.07S		F Wheeler, Yasmin	5	---	5.72

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<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 30 Male 100 Fly 12-13</b>					
1:25.38S		F Savage, Jack	5	---	3.64
	38.16	47.22			
<b>Event # 31 Female 100 Free 14-15</b>					
1:12.23S		F Vardy, Rachel	6	---	-0.02
	33.29	38.94			
<b>Event # 32 Male 100 Free 14-15</b>					
1:06.98S		F Martell, Nathan	6	---	-0.61
<b>Event # 33 Female 100 Breast</b>					
1:35.11S		F Spence, Maya	7	---	5.27
	43.87	51.24			
<b>Event # 34 Male 100 Breast</b>					
1:22.74S		F Wheeler, Josef	5	---	1.21
	38.13	44.61			
<b>Event # 35 Female 50 Free 9-11</b>					
42.51S		F Lord, Emma	7	---	0.87
<b>Event # 36 Male 50 Free 9-11</b>					
38.71S		F Martell, Luke	5	---	0.63
<b>Event # 37 Female 100 Free 12-13</b>					
1:33.08S		F Moore, Jessica	7	---	---
	42.88	50.20			
<b>Event # 38 Male 100 Free 12-13</b>					
1:07.94S		F Farndale, Will	2	---	-1.67
	31.80	36.14			
<b>Event # 39 Female 100 Breast 14-15</b>					
1:38.78S		F Shipman, Anna	5	---	1.12
	45.41	53.37			
<b>Event # 40 Male 100 Breast 14-15</b>					
1:31.42S		F Martell, Nathan	4	---	-1.43
	43.23	48.19			
<b>Event # 41 Female 100 Free</b>					
1:05.07S		F Connery, Rachel	1	---	1.46
	31.50	33.57			
<b>Event # 42 Male 100 Free</b>					
1:04.65S		F Shewell-Cooper, Wray	6	---	6.18
	30.05	34.60			
<b>Event # 43 Female 200 Medley Relay 9-11</b>					
3:10.46S	F	A Relay	Potters Bar SC	6	---
Tilly Larner (10)			Taisiia Sonmez (10)	Keely White (10)	Emma Lord (10)

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**Event # 44 Male 200 Medley Relay 9-11**

2:53.27S	F	A Relay	Potters Bar SC				3	---
James Renton (10)			Elliot Ball (11)	Jake Moore (10)			Luke Martell (10)	
		42.40	48.28	43.90	38.69			

**Event # 45 Female 200 Free Relay 12-13**

2:38.02S	F	A Relay	Potters Bar SC				7	---
Jessica Moore (13)			Tilly Lamer (10)	Keely White (10)			Yasmin Wheeler (12)	

**Event # 46 Male 200 Free Relay 12-13**

2:08.57S	F	A Relay	Potters Bar SC				---	---
Will Farndale (13)			William Poynton (13)	Samuel Oakley (13)			Jack Savage (12)	
		30.89	35.71	30.57	31.40			

**Event # 47 Female 200 Medley Relay 14-15**

2:46.76S	F	DQ	A Relay	Potters Bar SC			6	---
Anna Shipman (14)			Rachel Vardy (14)	Yasmin Wheeler (12)			Abigail Rock (14)	
			42.09	46.04	43.07	35.56		

**Event # 48 Male 200 Medley Relay 14-15**

2:08.57S	F	DQ	A Relay	Potters Bar SC			4	---
Thomas Harris (14)			Nathan Martell (15)	Joshua Foreman (14)			Lucas Farndale (14)	
			40.99	44.64	35.74	7.20		

**Event # 49 Female 200 Free Relay**

2:09.82S	F	A Relay	Potters Bar SC				5	---
Maya Spence (17)			Caitlin McCabe (16)	Rachel Vardy (14)			Anna Shipman (14)	
		30.07	30.78	32.47	36.50			

**Event # 50 Male 200 Free Relay**

1:51.50S	F	A Relay	Potters Bar SC				4	---
Matthew Honeyman (16)			Josef Wheeler (16)	James Spence (17)			Joshua Foreman (14)	
		27.29	26.97	28.62	28.62			

**Event # 51 Female 150 Free Relay**

1:34.82S	F	A Relay	Potters Bar SC				5	---
Maya Spence (17)			Abigail Rock (14)	Rachel Connery (17)				
		30.07	35.08	29.67				

**Event # 52 Male 150 Free Relay**

1:23.61S	F	A Relay	Potters Bar SC				4	---
Matthew Honeyman (16)			Jack Shewell-Cooper (17)	Wray Shewell-Cooper (55)				
		27.29	27.69	28.63				