

The National Arena League Division 1 Final Round – Blue Team

Saturday 10th, the Potters Bar Blue Team had it tough not only with the strong competition of the London League but the long journey to Glass Mill Leisure Centre in Lewisham with heavy traffic and limited parking facilities – well done parents!

It was all worth the effort as Potters Bar finished in 5th place on the night and 6th place overall in the London NAL (division 1) which is a fantastic achievement against some much larger clubs. This result is our best for some years compared to 2015 where we finished 7th and 8th in 2014.

The winners on the night were again Barking & Dagenham with 293pts, 2nd Watford with 275pts, 3rd Leander with 228pts, 4th Anaconda with 208pts, 5th Potters Bar with 207pts, 6th Borough of Harrow with 203pts, 7th Saxon Crown with 195pts and in 8th place with 181 Team Luton.



Here is Adam Martin and Georgina Tallon team captains receiving our Award.

Congratulations to our 1st, 2nd & 3rd places on the night who are as follows;

1st places – James Woodward 200m IM Open, Alfie Francis 100m Breast U13, Thomas Stanbury 100m Back U15 and Joel Knight 100m Fly Open.

Relays;

U13 Girls Free Relay – Jessica Heesom, Eliza Connery, Justine Sansom & Jessica Woodward

2nd places – James Woodward 100m Back Open, Jessica Woodward 100m Fly U13, Jessica Heesom 100m Free U13 & Katie Conyers 100m Free Open.

Relays;

U13 Girls Medley Relay – Jess Heesom, Eliza Connery, Jess Woodward & Justine Sansom

U13 Boys Medley Relay – Billy Barber, Alfie Francis, Benji Refson & Noah Cornwell

Open Boys Free Relay – Joel Knight, Adam Martin, David Shipman, James Woodward, Daniel Rinkoff & Daryl Mason

3rd places – Georgina Tallon 100m Fly Open & David Shipman 100m Breast Open

Relays;

U15 Boys Free Relay – Tolu Elesin, Thomas Stanbury, Adam Zeinden & Daniel Rinkoff

U13 Boys Free Relay – Noah Cornwell, Billy Barber, Benji Refson & Alfie Francis

Open Girls Free Relay – Phoebe Love, Georgina Tallon, Kelly Dunn, Kate Andrew, Jessica Woodward & Katie Conyers

There were seven PB's on the night as well from: - Amy Stewart, Charlie Stanbury x 2, Thomas Stanbury, Joshua Heesom, Olivia Poynton and Alexander Mason.

Coach Chris said, ' It was a great night for Potters Bar to achieve such a good position in the league and to see all the swimmers enjoying themselves. A big thank you to all the parents for getting the children to Lewisham and for their support on the balcony during the evening. A special mention goes to Georgina Tallon who represented Potters Bar on her 16th Birthday that shows commitment.'

Please do keep your diaries free for the **Herts Major League** which is on **22nd Jan, 25th Feb & 25th March 2017** if you are selected.