HERTS MASTERS

Saturday 26th June 2010

Event	Dist	Stroke	Age	Swimmer	Pos		Time		Splits
2	100m	IM	35-39yrs	Rob Sewell	3		1 29.36		(17.51/24.64/27.03/20.18)
			45-49yrs	Wray Shewell-Cooper	1		1 10.49		(14.70/17.84/20.68/17.27)
			55-59yrs	Ian Bays	1		1 26.41		(17.20/23.92/25.80/19.49)
3	50m	Back	45-49yrs	Cate Jackson	1		35.23		(17.59/17.64)
			70-74yrs	Jackie Jackson	1	CR	52.05		(24.11/27.94)
4	50m	Back	45-49yrs	Wray Shewell-Cooper	1		33.69		(16.71/16.98)
				Martin Higgins	2		36.02		(17.20/18.82)
			55-59yrs	Ian Bays	1		44.95		(21.63/23.32)
6	50m	Breast	40-44yrs	Chris Andrew	2		36.62		(16.45/20.17)
			45-49yrs	Wray Shewell-Cooper	2		36.62		(16.93/19.69)
				Jonathan Refson	4		39.72	PB(1.7s)	(17.64/22.08)
			55-59yrs	Ian Bays	1		39.77		(18.97/20.80)
7	50m	Fly	40-44yrs	Tracy Seal	3		39.49	PB(5.9s)	(17.70/21.79)
			45-49yrs	Cate Jackson	1		33.31		(15.56/17.75)
8	50m	Fly	35-39yrs	Rob Sewell	3		38.72		(17.72/21.00)
			40-44yrs	John Cunningham	1	CR/ER	27.02		(12.66/14.36)
			45-49yrs	Wray Shewell-Cooper	3		31.71		(14.64/17.07)
			55-59yrs	Ian Bays	1		35.83		(16.80/19.03)
9	50m	Free	40-44yrs	Tracy Seal	6		36.05	PB(4.5s)	(17.00/19.05)
			45-49yrs	Cate Jackson	1		29.90		(14.61/15.29)
			70-74yrs	Jackie Jackson	1	CR/ER	40.92		(18.83/22.09)
10	50m	Free	35-39yrs	Rob Sewell	2		31.77		(15.69/16.08)
			40-44yrs	John Cunningham	1	CR	25.37		(12.34/13.03)
				Daryl Mason	2		25.98		(12.61/13.37)
				Chris Andrew	4		27.99		(13.51/14.48)
			45-49yrs	Wray Shewell-Cooper	3		28.91		(14.23/14.68)
				Martin Higgins	5		30.21		(14.52/15.69)
				Jonathan Refson	7		31.01	PB(1.7s)	(14.87/16.14)
			50-54yrs	Ed Lawson	8		35.20	PB(0.3s)	(16.89/18.31)
			55-59yrs	Ian Bays	1		34.52		(16.69/17.83)
11	4x25m Free Relay			Tracy Seal	1		15.74		
				Bronwen Hardy			18.03	PB(0.6s)	
				Dani Harrison			15.95		
				Cate Jackson			13.53	PB(1.1s)	
							1 03.29		
12	4x25m Free Relay			John Cunningham	1	CR	11.78		
				Chris Andrew			12.62		
				Daryl Mason			11.30		
				Wray Shewell-Cooper			12.74		
							48.55		
				Rob Sewell	4		13.84	PB(0.1s)	
				Julian Swindale			13.45		
				Eugene Gormley			14.49	PB(0.2s)	
				Martin Higgins			13.27		
							55.05		

HERTS MASTERS

Saturday 26th June 2010

Event	Dist	Stroke	Age	Swimmer	Pos	Time		Splits
				Ed Lawson	6	16.17	PB(0.3s)	
				Andy Gardner		14.09	PB(0.0s)	
				Phil Longley		15.57		
				Jonathan Refson		13.81		
						59.63		
14	4x50m	Free Relay		John Cunningham	1	25.63		
				Chris Andrew		27.73		
				Daryl Mason		25.41		
				Wray Shewell-Cooper		28.60		
						1 47.68		
				Ed Lawson	2	37.31		
				Andy Gardner		32.89	PB(1.3s)	
				Phil Longley		36.16		
				Jonathan Refson		32.39		
						2 18.82		
				Rob Sewell	DQ	31.90		
				Eugene Gormley		32.05	PB(1.6s)	
				Julian Swindale		29.06	PB(3.7s)	
				Martin Higgins		29.47		
						2 02.48		
15	4x25m	Medley Relay		Cate Jackson	1	16.97	PB(0.5s)	
				Daryl Mason		15.10		
				John Cunningham		12.29	PB(0.0s)	
				Dani Harrison		15.87		
						1 00.29		
				Bronwen Hardy	6	20.96		
				Chris Andrew		16.60		
				Wray Shewell-Cooper		14.07		
				Tracy Seal		15.57	PB(0.2s)	
						1 07.28		

Championship Records (CR)	5	
East Region Record (ER)	2	
First Places	18	
Second Places	6	
Third Places	5	
Overall Club Position	4th	(Out of 13)