

East Region Swimming 2017 Long Course Championships, Luton 29th April – 1st May

Well done to all the swimmers who qualified and competed at East Regional LC Championships in Luton over the May Day Bank Holiday weekend.

James Woodward (17 years) swam in an amazing 9 events, made finals, including the 100m Freestyle, and won the silver medal in both the 100m and 200m Butterfly and the bronze medal in 200m IM. Very well done James!

Georgina Tallon (17 years) qualified for 3 events, doing a fantastic PB in the 50m Butterfly and making the final. She also broke the club record for both the 50m and 100m Butterfly. Well done Georgina.

David Shipman (17 Years) qualified for 5 events and made the final in three; 50m and 100m Breaststroke and 50m Butterfly. James Blount (17 years) qualified for two events and did a great pb on 50m Butterfly! Katie Conyers (17 Years), Adam Martin (17 Years) and Tolu Elesin (16 years) all qualified for 4 events each and had some great swims and PB's. Thomas Stanbury (15 Years) qualified for all three of the Backstroke events, gaining LC pb's and did really solid swims. Kate Andrew (15 Years) qualified for 2 events and also did some great swims, including the relays.

PBSC also entered 4 relay teams, details and places as follows -

Women's 14/16 years 400m Medley Team – Kate A, Jess H, Jess W and Amy M - 13th Place

Women's 14/16 years 400m Freestyle Team – Jess H, Kate A, Amy M and Jess W – 11th Place

Women's 17 years/over 400m Medley Team – Chloe J, Rachael C, Georgina T and Katie C – 6th Place

Women's 17 years/over 400m Freestyle Team – Georgina T, Chloe J, Rachael C and Katie C – 4th Place

Men's 14/16 years 400m Medley Team – Thomas S, Tolu E, Daniel R and Joshua F – 12th Place

Men's 14/16 years 400m Freestyle Team – Thomas S, Tolu E, Joshua F and Daniel R – 8th Place

Men's 17 years/over 400m Medley Team – James W, Adam, David and James B – 4th Place

Men's 17 years/over 400m Freestyle Team – Adam, James B, David and James W – 5th Place

The relay teams all swam their best to much enthusiasm and encouragement from the balcony! They were really exciting to watch. Well done to all.

The swimmers and their families would like to thank Wray for his support and encouragement over the weekend. They would also like to thank all the supporters back at PBSC.